

Each suicide is a tragic event which has a devastating impact. While the events and circumstances leading to each suicide will be different, there are several areas where action can be taken to help prevent loss of life.

By the end of this course, students will:

- Gain the information, skills, and the professional confidence required to support a person presenting with suicidal ideation within their service(s).
- Recognise when someone is demonstrating suicidal behaviours and language.
- Know specific issues and risks created since COVID-19.
- Understand how more people may be close to crisis (risk factors and higher risk groups).
- Demonstrate practical ways of supporting people.
- Address the importance of protective factors.
- Be able to manage difficult situations.
- Know how to converse with people who are suicidal, de-escalate them and know how to offer the right support.
- Be able to signpost and/or refer, including national and local services, and pathways to access these.
- Monitor ongoing risk and concerns (check ins, did the person refer themselves etc).
- Recognise their individual responsibilities and limitations.
- Gain knowledge of the impact of social inequalities, wider circumstances on self-harm and suicide.
- Understand self-harm and suicidal behaviour.
- Recognise and respond to concerns about safeguarding.
- Work with difference